

Nutrition Facts

1 serving per container

Serving size 1 serving (157g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 4g	5%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 410mg	18%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	1%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Protein 28g	
Vitamin D 0mcg (0 IU)	0%
Calcium 83mg	6%
Iron 0.63mg	4%
Potassium 15mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.