

Nutrition Facts

1 serving per container

Serving size 1 serving (173g)

Amount per serving

Calories 330

% Daily Value*

Total Fat 8g 10%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 90mg 30%

Sodium 570mg 25%

Total Carbohydrate 41g 15%

Dietary Fiber 0g 2%

Total Sugars 13g

Includes 0g Added Sugars 0%

Protein 24g

Vitamin D 0.18mcg (7 IU) 0%

Calcium 69mg 6%

Iron 1mg 8%

Potassium 260mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.