

# Nutrition Facts

1 serving per container

Serving size 1 serving (172g)

Amount per serving

**Calories 260**

% Daily Value\*

**Total Fat** 15g 19%

Saturated Fat 3g 15%

Trans Fat 0g

**Cholesterol** 70mg 24%

**Sodium** 640mg 28%

**Total Carbohydrate** 3g 1%

Dietary Fiber 0g 0%

Total Sugars < 1g

Includes 0g Added Sugars 0%

**Protein** 25g

Vitamin D 0mcg (0 IU) 0%

Calcium 21mg 2%

Iron 0.47mg 2%

Potassium 440mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.