

Nutrition Facts

1 serving per container

Serving size 1 serving (198g)

Amount per serving

Calories 260

% Daily Value*

Total Fat 12g 16%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 90mg 29%

Sodium 75mg 3%

Total Carbohydrate 4g 1%

Dietary Fiber 0g 2%

Total Sugars < 1g

Includes 0g Added Sugars 0%

Protein 33g

Vitamin D 0.07mcg (13 IU) 0%

Calcium 23mg 2%

Iron 2mg 10%

Potassium 530mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.