

Nutrition Facts

1 serving per container

Serving size 1 serving (174g)

Amount per serving

Calories 250

% Daily Value*

Total Fat 12g 15%

Saturated Fat 9g 43%

Trans Fat 0g

Cholesterol 65mg 22%

Sodium 80mg 3%

Total Carbohydrate 8g 3%

Dietary Fiber 1g 5%

Total Sugars 5g

Includes 0g Added Sugars 0%

Protein 26g

Vitamin D 0mcg (0 IU) 0%

Calcium 17mg 2%

Iron 1mg 6%

Potassium 310mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.