

# Nutrition Facts

1 serving per container

**Serving size** 1 serving (170g)

Amount per serving

**Calories** 150

% Daily Value\*

**Total Fat** 3.5g 5%

Saturated Fat 1g 4%

Trans Fat 0g

**Cholesterol** 65mg 22%

**Sodium** 550mg 24%

**Total Carbohydrate** 2g 1%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 26g

Vitamin D 0mcg (0 IU) 0%

Calcium 18mg 2%

Iron 1mg 6%

Potassium 290mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.