

# Nutrition Facts

1 serving per container

**Serving size** 1 serving (115g)

Amount per serving

**Calories** 130

% Daily Value\*

**Total Fat** 1g 1%

Saturated Fat 0g 1%

Trans Fat 0g

**Cholesterol** 45mg 15%

**Sodium** 50mg 2%

**Total Carbohydrate** 2g 1%

Dietary Fiber 0g 1%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 28g

Vitamin D 2mcg (78 IU) 10%

Calcium 5mg 0%

Iron 0.87mg 4%

Potassium 500mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.