

Nutrition Facts

1 serving per container

Serving size 1 serving (200g)

Amount per serving

Calories 370

% Daily Value*

Total Fat 10g 13%

Saturated Fat 6g 28%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 680mg 29%

Total Carbohydrate 49g 18%

Dietary Fiber 3g 12%

Total Sugars 5g

Includes 0g Added Sugars 0%

Protein 18g

Vitamin D 0.04mcg (1 IU) 0%

Calcium 152mg 10%

Iron 0.09mg 0%

Potassium 55mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.